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The **Hitavada**

SUNDAY, March 15, 2015

Looks matter before talent in Bollywood: Dr Mohan Thomas

■ Staff Reporter
RAIPUR, Mar 14

IT IS talent that matters in Hollywood, but in Bollywood looks matters much more than talent, said Chairman and Managing Director of Cosmetic Surgery Institute, Mumbai, Dr



Dr Mohan Thomas.
(Pic by Manoj Dewangan)

Mohan Thomas. Thomas, who is educated and trained in America is the Feaina Miss India Cosmetic Consultant. He said, the requirement in Bollywood is look to near perfection. At least one or the other procedure of the plastic/cosmetic surgery has been undergone by 85 percent of film and TV stars in course of their career in India. There are at least twenty such film stars who have undergone at least five procedures in last ten years. In a couple of cases, the career of the star was over due to some bad results. It is mostly the procedures like breast augmentation, body contouring and

(Contd on page 6)

Looks matter before talent...

rhinoplasty the female stars needs while the male stars come for six pack abdomen, reduction of breast and hair transplantation, said Dr Thomas talking to this newspaper.

Monitoring mechanism needs to be better: Plastic/cosmetic surgery is presently being accepted more commonly in India. Lack of awareness leads to certain complications, last year twelve deaths occurred in different metropolitan cities and all these deaths were liposuction cases performed by qualified cosmetic surgeons. The anatomy of these deaths revealed trivializing the procedure; more fats extraction from many areas of the body; poor and inadequate pre-operative tests; poor monitoring at the time of surgery and failure to act in a focused and methodical manner after recognizing the problem. "Nothing is simple in life and it is the smallest things that bring the biggest disaster." In India, monitoring mechanism is in place so far the qualifications needed for medical treatment is concerned, but no such mechanism regarding the materials being used and safety standards in hospitals. It is important to mention that in Brazil two models died recently and in one of these cases industrial grade silicon was injected in female. People should be proactive not only about choosing the specialist, but about materials and safety standards in the hospitals also. An ordinary looking person can be transformed into an attractive person by such surgeons. Instead of trying to enter the record books in terms of surgeries, they should focus on creating new path breaking procedures that are safer, quicker and less costly, said Dr Thomas, who was in Raipur on Saturday. He has been appointed to the Board of Trustees of the American Academy of Cosmetic Surgery and the World Academy of Cosmetic Surgery (Europe based). He also runs an NGO called Shakti, where he addresses facial problems of young women between the age 19 to 30, to restore their self-esteem and thereby empowering them.