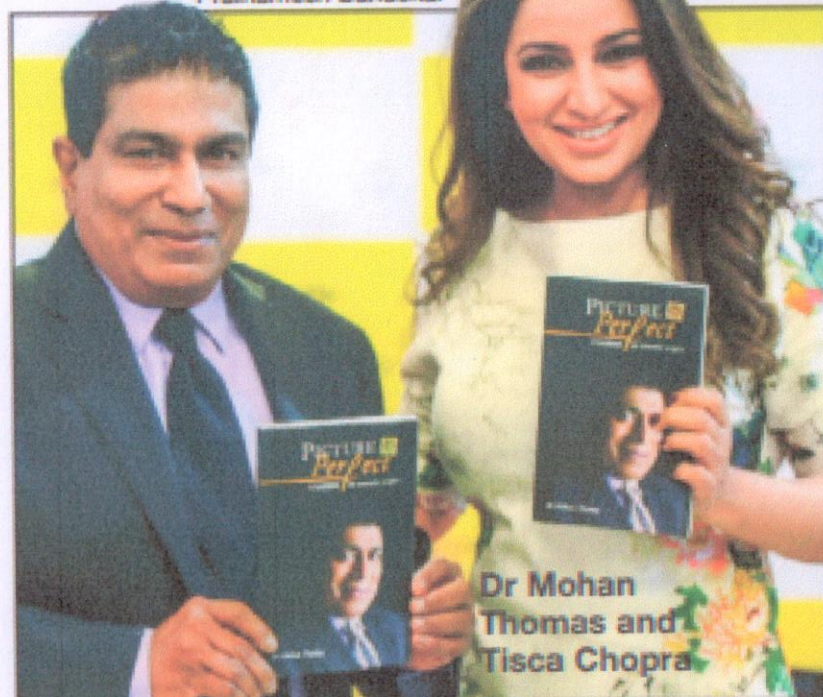


# A COMPREHENSIVE GUIDE FOR COSMETIC SURGERY PROCEDURES

**D**r Mohan Thomas has worked in the field of cosmetic surgery since 25 years. Gathering all his experience, Dr Thomas has penned down a book, *Picture Perfect*, which was recently launched in the city by actress Tisca Chopra. The book seeks to educate people on the 'dos and don'ts' of cosmetic surgery and also attempts to arrange information, pertaining to cosmetic surgery procedures in a systematic manner. The most popular procedures in India today are rhinoplasty, liposuction and breast enhancement. Off late, mommy makeovers, blepharoplasty hair implants, neck and facelifts have also gained popularity. People seeking surgical or non-surgical treatments can use this book as a quick reference guide to make the necessary decision in an unbiased manner.

Speaking about the book, Dr Thomas said, "The handbook is very contemporary — it is a compendium of main stream, safe and proven treatments. I

Prathamesh Bandekar



Dr Mohan  
Thomas and  
Tisca Chopra

would like to suggest to those seeking treatments that self-education remains the single most effective way of a sound treatment. Therefore, asking the surgeon the right questions is essential. The surgeon remains the most important factor for a safe, effective and predictable treatment."

The book is published by Times Group Books, a division of the Times of India, and is available at all leading book stores as well on online shopping websites.

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