

FEMINA

Believe

Hand him your **LUST**map

TEACH HIM WHAT TURNS YOU ON

REAL-LIFE READ

"My husband got me addicted to sleeping pills to rape me"
A SURVIVOR'S STORY

Your next best friend

PRETTY ROCKS TO FIRE YOUR SPARKLE

HOW TO WEAR YOUR WINTER

Own this season's trends

CELEBRATING A LIFE-LONG ROMANCE

LOVE YOURSELF

- * The good news about your body shape
- * Your I'm-fabulous guide to love
- * Girls who max out *your* me-time

Be your own cheerleader!

"I WAS SHOCKED TO HEAR YOU CAN GET IT AT 25!"

Priyanka Chopra fights osteoporosis

COLOUR ME HAPPY

BLISS

- FIND IT
- GET IT
- KEEP IT

"I haven't met any thin good-looking women who are happy"

NISHA SOMAIA

Girlfriend therapy

HOLIDAYS TO PLAN WITH YOUR GAL PALS

Time your bedroom makeovers